Special Event:

LIVING OUR VERY ESSENCE (LOVE)

SUNDAY, FEBRUARY 22 • 9AM-3PM

Location: I am. Mindful Healing
901 Dominion Drive, Hudson

A Soul Care Gathering, self care day! Join us to deepen your remembering of your own soul essence. We will guide you through an interactive gathering to fill your heart. Group and individual activities include Ionic Foot Detox, Harmonic Egg®, Healing Touch, Avazzia Vagus Nerve Reset, and Alchemy Energizing Infused Oils and more!

Light lunch and beverages included. Spots are limited.

Energy Exchange: $222

Event coordinator: Contact Shelley at 651-319-3791 and iammindfulhealing@proton.me for more information.